



THURSDAY - 13TH APRIL 2023

15h00	FREE TRAINING				
18h00	JUDGES AND COACHES MEETING				
	SCHEDULE	TRS 1	TRI 2	DMT 1	DMT 2
18h30 18h50	WARM UP COMPETITION	SINCRO OPEN SENIOR G1	UNDER 11 MALE G1	UNDER 11 FEM G1	A13/14 FEM G1
19h20 19h45	WARM UP COMPETITION	SINCRO OPEN SENIOR G2	UNDER 11 MALE G2	UNDER 11 FEM G2	A13/14 FEM G2
20h15 20h35	WARM UP COMPETITION	SINCRO JUNIOR G1		UNDER 11 FEM G3	A13/14 FEM G3
21h05 21h25	WARM UP COMPETITION	SINCRO JUNIOR G2		UNDER 11 FEM G4	A13/14 FEM G4
21h55	AWARDS CEREMONY TRS OPEN SENIOR; JUNIOR				

NOTE: ALL CATEGORIES START COMPETITION AT THE SAME TIME. COMPETITION CAN BE ANTICIPATED UP TO 60 MIN. AWARDS FOR WINNERS ONLY.



FRIDAY - 14TH APRIL 2023

OPEN SPORTS HALL

07h30	OPEN SPORTS HALL					
	SCHEDULE	TRI 1	TRI 2	TRI 3	DMT 1	DMT 2
08h00 08h30	WARM UP COMPETITION	UNDER 11 FEM G1	A11/12 FEM G1	A13/14 FEM G1	A11/12 MALE G1	OPEN SENIOR MALE G1
09h15 09h45	WARM UP COMPETITION	UNDER 11 FEM G2	A11/12 FEM G2	A13/14 FEM G2	A11/12 MALE G2	OPEN SENIOR MALE G2
10h30 11h00	WARM UP COMPETITION	UNDER 11 FEM G3	A11/12 FEM G3	A13/14 FEM G3	UNDER 11 MALE G1	OPEN SENIOR MALE G3
11h45 12h15	WARM UP COMPETITION	UNDER 11 FEM G4	A11/12 FEM G4	A13/14 FEM G4	UNDER 11 MALE G2	OPEN SENIOR MALE G4
13h00 13h30	WARM UP COMPETITION	FREE TRAINING FINALISTS AND ALL A13/14 MALE WARM UP ALL A13/14 MALE G1	A11/12 FEM G5	A13/14 FEM G5	FREE TRAINING FINALISTS; U11 MALE; A11/12 MALE; SENIOR FEM WARM UP OPEN SENIOR FEM G1	FREE TRAINING SEMI FINALISTS; SENIOR MALE AND JUNIOR FEM WARM UP FINALISTS UNDER 11 FEM
14h15 15h00	COMPETITION	A13/14 MALE G1	FREE TRAINING ALL A11/12 MALE AND A11/12 FEM G6	FREE TRAINING FINALISTS UNDER 11 MALE AND A13/14 FEM AND JUNIOR MALE	OPEN SENIOR FEM G1	FINAL UNDER 11 FEM
15h00 15h30	WARM UP COMPETITION	A13/14 MALE G2	A11/12 FEM G6	FINAL UNDER 11 MALE	OPEN SENIOR FEM G2	QUALIFYING 2 OPEN SENIOR MALE G1
16h15 16h45	WARM UP COMPETITION	A13/14 MALE G3	A11/12 MALE G1	JUNIOR MALE G1	OPEN SENIOR FEM G3	QUALIFYING 2 OPEN SENIOR MALE G2
17h30 18h00	WARM UP COMPETITION	FINAL UNDER 11 FEM	A11/12 MALE G2	JUNIOR MALE G2	FINAL UNDER 11 MALE	JUNIOR FEM G1
18h45 19h15	WARM UP COMPETITION	FINAL A13/14 MALE		FINAL A13/14 FEM	FINAL A11/12 MALE	JUNIOR FEM G2
20h00 20h45	WARM UP FREE TRAINING	WARM UP SINCRO 13/14 G1, FINALISTS TRI A11/12 MALE, A13/14 FEM AND JUNIOR MALE, DMT SEMIFINALISTS OPEN SENIORS G1 AND FINALISTS JUNIOR FEM FREE TRAINING SINCRO 13/14 G2, FINALISTS A11-12 FEM; DMT SEMIFINALISTS OPEN SENIOR FEM AND FINALISTS 13/14 FEM AND OPEN SENIOR MALE				
20h30 20h45	AWARDS CEREMONY TRI UNDER 11, A13/14 MALE; DMT UNDER 11, A11-12 MALE; TEAMS UNDER 11					
20h45 21h15	COMPETITION	SINCRO A13/14 G1	FINAL A11/12 MALE	FINAL JUNIOR MALE	QUALIFYING OPEN SENIOR FEM G1	FINAL JUNIOR FEM
21h15 21h30	WARM UP COMPETITION	SINCRO A13/14 G2	FINAL A11/12 FEM		QUALIFYING OPEN SENIOR FEM G2	FINAL OPEN SENIOR MALE
22h00 22h15	WARM UP COMPETITION				FINAL OPEN SENIOR FEM	FINAL A13/14 FEM
22h45	AWARDS CEREMONY TRI A11/12, A13/14 FEM, JUNIOR MALE; DMT A13/14 FEM, JUNIOR FEM, OPEN SENIOR; TRS A13/14					

NOTE: ALL CATEGORIES START COMPETITION AT THE SAME TIME. COMPETITION CAN BE ANTICIPATED UP TO 60 MIN. AWARDS FOR WINNERS ONLY.



SATURDAY - 15TH APRIL 2023

OPEN SPORTS HALL

07h30	OPEN SPORTS HALL					
	SCHEDULE	TRI 1	TRI 2	TRI 3	DMT 1	TUM
08h00	WARM UP	FREE TRAINNING OPEN SENIOR FEM	FREE TRAINNING OPEN SENIOR MALE	FREE TRAINNING JUNIOR FEM	A11/12 FEM G1	FREE TRAINNING UNDER11, A11/12, A13/14
08h20	COMPETITION					
08h50	WARM UP	OPEN SENIOR FEM G1	OPEN SENIOR MALE G1	JUNIOR FEM G1	A11/12 FEM G2	UNDER 11
09h20	COMPETITION					
10h05	WARM UP	OPEN SENIOR FEM G2	OPEN SENIOR MALE G2	JUNIOR FEM G2	A11/12 FEM G3	A11/A12
10h35	COMPETITION					
11h20	WARM UP	OPEN SENIOR FEM G3	OPEN SENIOR MALE G3	JUNIOR FEM G3	A11/12 FEM G4	A13/14
11h50	COMPETITION					
AWARDS CEREMONY						
12h35	WARM UP	OPEN SENIOR FEM G4	OPEN SENIOR MALE G4		A11/12 FEM G5	FREE TRAINNING JUNIOR, OPEN SENIOR
13h15	COMPETITION					
14h00	FREE TRAINNING	FREE TRAINNING OPEN SENIOR	FREE TRAINNING OPEN SENIOR	FREE TRAINNING TRS UNDER 11, A11/12 FINALISTS JUNIORES FEM	FREE TRAINNING A13/14 MALE AND JUNIOR MALE	FREE TRAINNING FINALISTS A11/12, A13/14
14h30	WARM UP	QUALIFYING 2 OPEN SENIOR FEM G1	QUALIFYING 2 OPEN SENIOR MALE G1	SINCRO A11/12 G1	A13/14 MALE G1	JUNIOR
14h50	COMPETITION					
AWARDS CEREMONY						
15h20	WARM UP	QUALIFYING 2 OPEN SENIOR FEM G2	QUALIFYING 2 OPEN SENIOR MALE G2	SINCRO A11/12 G2	A13/14 MALE G2	OPEN SENIOR G1
15h40	COMPETITION					
16h10	WARM UP			SINCRO A11/12 G3	A13/14 MALE G3	OPEN SENIOR G2
16h40	COMPETITION					
17h10	WARM UP	FREE TRAINNING FINALISTS	FREE TRAINNING FINALISTS	SINCRO UNDER 11 G1	JUNIOR MALE G1	FINAL A11/12
17h40	COMPETITION					
18h10	WARM UP	FINAL OPEN SENIOR FEM	FINAL OPEN SENIOR MALE	SINCRO UNDER 11 G2	JUNIOR MALE G2	FINAL A13/14
18h30	COMPETITION					
AWARDS CEREMONY						
19h00	TRI OPEN SENIOR, JUNIOR FEM; TRS UNDER 11, A 11/12; TUM UNDER 11, A11/12, A13/14, JUNIOR AND OPEN SENIOR; TEAM TR+DMT OPEN SENIOR					
19h15	WARM UP			FINAL JUNIOR FEM	FREE TRAINNING A11/12 FEM, A13/14 MALE AND JUNIOR MALE	FINAL JUNIOR
19h45	COMPETITION					
19h45	WARM UP				FINAL A11/12 FEM	FINAL OPEN SENIOR
20h00	COMPETITION					
20h30	WARM UP				FINAL A13/14 MALE	
20h45	COMPETITION					
21h15	WARM UP				FINAL JUNIOR MALE	
21h30	COMPETITION					
AWARDS CEREMONY						
22h00	DMT A11/12 FEM, A13/14 MALE, JUNIOR MALE TEAM TR+DMT A11/12, A13/14, JUNIOR; BEST TEAM TR, TUM AND DMT					

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